



ISSUE #5
JANUARY 2012

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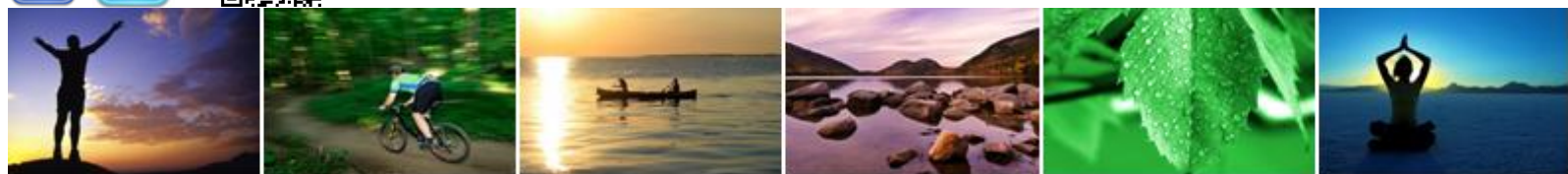
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HAPPY NEW YEAR!

Hello 2012! Once again, a new year is upon us which brings new beginnings, new opportunities and of course, those pesky resolutions we all try to keep! At **Walk-In Chiropractic Clinics** we are committed to helping our valued patients and clients with all of their wellness needs. Please enjoy the first newsletter of 2012 and may this new year be one of health & happiness!

Sincerely,
Walk-In Chiropractic Clinics

Follow us!



2012 CLINIC HOURS

WEST CLINIC

Monday	8:00 AM – 5:00 PM
Tuesday	8:00 AM – 5:00 PM
Wednesday	8:00 AM – 5:00 PM
Thursday	8:00 AM – 5:00 PM
Friday	8:00 AM – 5:00 PM
Saturday	9:00 AM – 11:00 AM
Closed for lunch	1:00 PM – 2:00 PM

EAST CLINIC

Monday	7:30 AM – 5:00 PM
Tuesday	7:30 AM – 5:00 PM
Wednesday	7:30 AM – 6:00 PM
Thursday	7:30 AM – 5:00 PM
Friday	7:30 AM – 1:00 PM
Saturday	11:30 AM – 1:30 PM
Closed for lunch	1:00 PM – 2:00 PM

A WARM WELCOME TO OUR NEW PARTNER, DR. DAVID PICHE!

Walk-In Chiropractic Clinics welcomes **Dr. David Piche**, joining the practice as a partner.

Dr. Piche graduated from the Canadian Memorial Chiropractic College in June 2007 and has been working with Dr. Oozeer and Dr. Joseph for over three years now. Having achieved Clinic Honours from CMCC, Dr. Piche brings a wealth of expertise and experience in manual therapy and rehabilitation with a special interest in sports injuries and sport specific rehab.

Dr. Piche is a former lancer volleyball standout and is currently working with the University of Windsor in the care and treatment of our hometown Varsity athletes.

NEW YEAR=NEW BENEFITS!

January is a time where new eligibility for medical insurance benefits kicks in.

Items covered under these benefits can include Chiropractic, Massage, Orthotics and/or braces/TENS units.

Call one of our offices today to schedule an appointment to have your coverage checked and updated!

Snow is a pain, lift light and shovel right!

With snow already covering many parts of Ontario, there is no doubt Windsor is next in line. The tedious activity of snow removal puts strain on one's back, neck and shoulders which if not performed properly can result in prolonged pain and injury. Consult this [informational guide](#) to avoid the physical effects of improper shoveling.

